

# Pre-Operative Instructions for Periodontal & Implant Surgery

1. **\*DO NOT** take any aspirin or any products containing aspirin seven (7) days prior to the surgical procedure. Please check with your physician before doing this. Also, stop taking Vitamin E one week prior to surgery. If you are taking any prescription or alternative (herbal) medicine check with your physician before surgery.

If you are taking blood thinning medication i.e. coumadin, warfarin, or Plavix, check with your physician on when to stop and resume the medication.

2. **\*Rinse** with PERIDEX 1-2 days prior to and the morning of the surgery as directed.

3. **\*Starting** 1 hour PRIOR to your surgical appointment, start your antibiotic if directed. If pre-med is indicated, please follow your customary regimen i.e. 1 hour prior to appointment for Amoxicillin or Clindamycin (if you are allergic to penicillin).

4. **\*NO SMOKING** within 1 day of surgical appointment. If you can't stop smoking, try to limit smoking until the sutures are removed.



*With proper care, you can achieve a healthy smile!*

5. **\*Eat** lightly more than one hour prior to the surgery. Do not come in hungry. Try to eat a starch or sugar such as cereal, bread, muffins or fruit.

6. **\*DO NOT DRIVE OR CONSUME ALCOHOL** while taking Valium,



Percocet, Demerol, Vicoprofen, Vicoden, Tylenol with codeine or any sedative or pain relieving medication for a minimum of 12 hours after last dosage. If you have any questions please call our office (212) 586 - 4209.

7. **\*Have** ice packs and soft foods ready at home. Post operative instructions are included with this brochure and they will also be repeated following surgery.

8. **\*If** you are not taking vitamins regularly, take 500 - 1000 mg vitamin C (time release) beginning one week prior to surgery and continuing for three months. Take 1000mg calcium with magnesium 1 per day,

vitamin B complex one per day and one multi vitamin with minerals starting 1 week prior to surgery. If the multi-vitamin contains Vitamin E you can still take it. Take all vitamins with or after meals.

9. **\*If** you are having IV sedation (intravenous sedation) arrange to have someone escort you home after the surgery. If your having I.V. sedation do not eat or drink 12 hours PRIOR to surgery.

10. Please refrain from eating garlic at least 24 hours prior to surgical and all post-surgical visits.

## other services

Stuart J. Froum, DDS also provides consultations and treatment for:

- Smile Makeovers
- Periodontitis (gum disease)
- Gum Recession & Bone Loss
- Dental Implants (single or multiple)

[WWW.DRSTUARTFROUM.COM](http://WWW.DRSTUARTFROUM.COM)

# SCHEDULING

Call  
212.586.4209

at your earliest convenience to schedule an appointment.

## Office Hours

Monday: 10AM - 7PM  
Tuesday: 9AM - 7PM  
Wednesday: 10AM - 7PM  
Thursday: 10AM - 4PM  
Friday: 8AM - 4PM

## Address

17 West 54th Street, Ste. 1C/D  
New York, NY 10019

We are located between 5th and 6th Ave.  
across from the Museum of Modern Art  
(MOMA) Sculpture Garden.

The office is in short walking distance from the  
following MTA subway lines:



## OTHER SERVICES

Stuart J. Froum, DDS also provides consultations and treatment for:

- Smile Makeovers
- Periodontitis (gum disease)
- Gum Recession & Bone Loss
- Dental Implants (single or multiple)
- Laser Procedures



Stuart J. Froum

Periodontist, Implant Specialist.

Diplomate of the American  
Board of Periodontology

Diplomate of the International  
Congress of Oral Implantology  
Periodontics & Implant Dentistry

Clinical Professor and Director of  
Clinical Research Department of  
Periodontology & Implant Dentistry  
at New York University College of  
Dentistry

If you have any questions or emergencies, please call our

office at 212 - 586 - 4209.

We have a 24-hour answering service.

## Pre-Operative Instructions for periodontal & Implant Surgery



Stuart Froum, DDS, PC.  
17 West 54th Street, Ste. 1C/D  
New York, NY 10019  
Tel. 212 - 586 - 4209  
[www.drstuartfroum.com](http://www.drstuartfroum.com)  
Email: [smile@drstuartfroum.com](mailto:smile@drstuartfroum.com)