

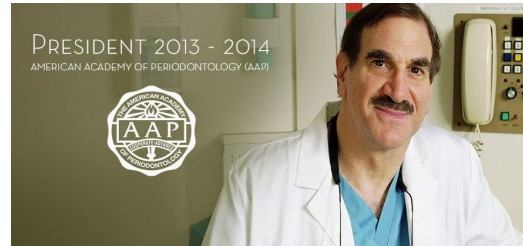
Fifty percent of adults suffer from halitosis, otherwise known as bad breath. People who suffer from this problem may see it affect their work, their relationships and other areas of life. What's worse, often, sufferers don't even know they have the disease—spouse's/partners business associates, clients, acquaintances, even friends are often hesitant to tell a person he or she has bad breath. When a person discovers they suffer from Halitosis, they want to know how they got it and what to do about it.

Bad breath can be caused by many factors. Dr. Froum and his staff are experts in determining the source of Halitosis and how to treat it. Causes often vary from person to person. Dr. Froum can identify the source of each patient's problem and customize treatment based on that diagnosis.

What are the common causes of bad breath? Bad breath is often related to:

- Periodontal (gum) disease;
- Cavities;
- Gum Inflammation; Gingivitis
- Lack of proper oral hygiene
- Tonsils and the tongue can also harbor bacteria, causing odor;
- Certain foods cause malodor in some individuals;
- Dry mouth from medication, diseases, and even exercise;
- Certain systemic diseases such as sinus problems, bronchitis, liver cirrhosis, kidney disease, and diabetes to name a few;
- Mouth breathing
- Smoking; and
- Dentures.

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DIET DIARY



Dr. Stuart J. Froum
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Please keep a daily log of all consumed food and return it to our office on your next visit.

Log in time when you notice bad breath:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Date							
Time							
BREAKFAST							
Time							
Snack							
Time							
LUNCH							
Time							
Snack							
Time							
DINNER							
Time							
Snack/bed time							
Time							
Bad Breath							

Dr. Froum has conducted numerous studies on Halitosis, written about bad breath, lectured on bad breath and has a proven record of helping many individuals overcome this problem.