

# ARESTIN® - TREATMENT OPTION FOR CHRONIC PERIODONTITIS

ARESTIN® is a new treatment that is effective against common bacteria that cause periodontitis. If you have periodontitis (gum disease) you may benefit from Arestin (minocycline hydrochloride Microspheres, 1 gm) in a local delivery system for controlled release in subgingival application that is being used by Dr. Froum and his staff. Arestin is placed between your gum and the tooth in the pocket areas. It is used locally and provides a concentrated dose of antibiotic in the area of gum disease without the side effects associated with systemic (taking pills or injection) antibiotic use. The antibiotic is time released into your pocket over a 7 to 10 day period.

In clinical trials, Arestin was generally well-tolerated. It was effective in reducing pocket depth and gingival (gum) bleeding and increasing gum attachment to the tooth. Side effects were similar to those of placebo. The most common side effects were: headache, common cold, gum discomfort, pain or soreness, toothache, and tooth sensitivity. Arestin should not be used by patients who are hypersensitive to minocycline or any other drugs in the tetracycline class. The use of drugs in the tetracycline class during tooth development may cause permanent discoloration of the teeth. (This is in young children and pregnant women).

Tetracycline drugs, therefore, should not be used in pregnant women, unless other drugs

*With proper professional and at home care, you can improve your oral health!*



are not likely to be effective or are contraindicated. However tetracycline class antibiotic are very safe and have been used for years by dentists and physicians. It has also been used for long term treatment of acne.

## PATIENT INSTRUCTIONS

1. No special preparation is necessary (except if you normally premedicate for your maintenance visits).
2. Avoid aspirin, aspirin products or vitamin E for 7 days prior to your dental appointment.
3. Arestin is syringed into the gum space (pocket) in 1 visit. The site may or may not be covered with a dressing for 7 to 10 days. Dr. Froum will determine the need for a dressing.
4. Following your appointment you can eat normally as soon as the numbness disappears. Avoid foods that are hard, hot, spicy, salty, popcorn, peanuts, seeds, rice, crusty bread, pretzels and any food that will

get caught between the treated teeth.

5. Brush the rest of your teeth as usual. Do not brush the teeth treated with Arestin for 12 hours. Do not floss or use toothpicks or other devices on the teeth treated with Arestin for 10 days following treatment. To keep the area clean rinse 4 to 5 times a day (1/2 teaspoon of Epsom salt in 8 ounces warm water).

6. Return in 7 to 10 days to check the area and remove the dressing (if one is placed). If the dressing falls off don't be concerned but still come back in 7 to 10 days for examination.

7. It takes at least 4-6 weeks for maximum effect of the cleaning plus Arestin. At that time Dr. Froum will re-evaluate the improvement.



[WWW.DRSTUARTFROUM.COM](http://WWW.DRSTUARTFROUM.COM)

# APPOINTMENTS

CALL  
212.586.4209

at your earliest convenience to schedule an appointment.

## Office Hours

Monday: 10AM - 7PM  
Tuesday: 9AM - 6PM  
Wednesday: 10AM - 7PM  
Thursday: 10AM - 4PM  
Friday: 8:30AM - 4:30PM

## Address

17 West 54th Street, Ste. 1C/D  
New York, NY 10019  
e-mail: dr.froum@verizon.net

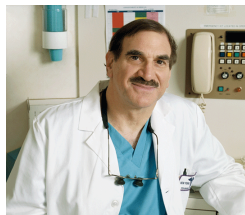
We are located between 5th and 6th Ave.  
Located across from the Museum of  
Modern Art (MOMA) sculpture garden.

The office is walking distance from local MTA  
train stations for the following lines: F, E, M, R,  
A, or 1.

## OTHER SERVICES

Dr. Stuart J. Froum also provides  
consultations and treatment for:

- Smile Makeovers
- Periodontitis (gum disease)
- Gum Recession & Bone Loss
- Dental Implants (single or multiple)
- Laser Procedures



Stuart J. Froum DDS  
Periodontist, Implant Specialist

Diplomate of the American  
Board of Periodontology

Diplomate of the International  
Congress of Oral Implantology  
Periodontics & Implant Dentistry

Clinical Professor and Director of  
Clinical Research Department of  
Periodontology & Implant Dentistry  
at New York University College of  
Dentistry

**If you have any questions or  
emergencies, we have a 24-hour  
answering service please call:  
212 - 586 - 4209**

ARESTIN®



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NEW OPTION IN THE TREATMENT  
OF CHRONIC PERIODONTITIS